

Interpersonal relationships



List your own responses by suggesting 10 reasons for each question.

1. How do people get a relationship started?
2. How do people maintain successful relationships?
3. Why do relationships fall apart?

Characteristics of Interpersonal relationships

1. Variability
2. Duration
3. Frequency
4. Revelation
5. Meshing
6. Support
7. Anxiety reduction
8. Proximity

Variability

Partners in the relationship engage in different types of interactions. Friends at work may interact in a job oriented manner, in a social manner beyond office premises and in a more reserved manner at the place of worship.

Duration

It is present when a relationship lasts over some period of time. Example: Friendship since school, college etc.

Frequency

It indicates that people involved in an interpersonal relationship engage in interactions with each other frequently. It is closely associated with duration.

Revelation

It is the revealing of thoughts, ideas feelings and opinions to another person. Amount of revelation is ascertained by the duration and frequency.